



EFRi Assignment

Please fill in the attached "sample lesson plan" as if you are preparing to deliver a 45 minute training session to a group of 8 qualified EFR's.

This is a scheduled Unit training session at whatever venue you usually deliver Unit training.

You can choose whatever topic you want to deliver from the current EFR syllabus.

There must be a 20 minute theory session and a 25 minute practical session.

Please fill in all information on the lesson plan. Any information already there is for guidance.

To submit your assignment please follow these steps:

1. Go to www.redcrossefr.org
2. Under the Instructor tab, click on EFR-I Post Course Work Submission Form
3. Fillout the required information, attach your assignment and click on the "Submit Assignment" button at the bottom right of the form.
4. You will receive an email acknowledgment of your submission, this is your receipt of submission.

Accepted file types for submission of the lesson plan are

.doc, .docx, .pdf, .rtf and .odf

Please also remember that monitoring can only be recognised when it has been approved in advance by Tom Horwell, PHECC Facilitator.

EFRI Certificates will be issued when the assignment and monitoring has been completed to the satisfaction of both the Facilitator and EFR Sub Group.